

Template 1: FEEL GREEN Pre-Training Survey

Participant Information Sheet

Thank you for participating in this programme. This questionnaire is designed to assess participants' existing knowledge, attitudes, behaviours, and expectations regarding sustainability, energy efficiency, and environmental responsibility before the training begins.

The information collected will be used exclusively for educational and evaluation purposes and will help facilitators better understand participants' learning needs and measure the impact of the programme.

Estimated completion time: 10–15 minutes.

Section A. Participant Profile

1. Age Group

- ☐ Under 18
- ☐ 18–24
- ☐ 25–30
- ☐ 31–40
- ☐ Over 40

2. Gender (Optional)

- ☐ Female
- ☐ Male
- ☐ Non-binary
- ☐ Prefer not to say
- ☐ Other: _____

3. Country of Residence : _____

4. Highest Level of Education Completed

- ☐ Primary Education
- ☐ Secondary Education
- ☐ Vocational Education and Training (VET)
- ☐ Undergraduate Degree
- ☐ Postgraduate Degree
- ☐ Other: _____

5. Current Status

- ☐ Student
- ☐ Employed
- ☐ Self-employed
- ☐ Unemployed
- ☐ Volunteer
- ☐ Youth Worker
- ☐ Other: _____

6. Have you previously participated in a youth project?

- ☐ Yes
- ☐ No

If yes, please specify:

7. Have you previously attended training related to sustainability, climate change, or environmental protection?

- ☐ Yes
- ☐ No

If yes, please specify:

8. How would you describe your current involvement in environmental or sustainability-related activities?

- ☐ Very active
- ☐ Moderately active
- ☐ Occasionally involved
- ☐ Rarely involved
- ☐ Not involved at all

9. What motivates you most to participate in this training?

- ☐ Personal interest
- ☐ Professional development
- ☐ Academic reasons
- ☐ Environmental concerns
- ☐ Community involvement
- ☐ Other: _____

Section B. Baseline Knowledge Assessment

Please indicate the extent to which you agree with the following statements.

Statement	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
I understand the concept of sustainability.	☐	☐	☐	☐	☐
I understand what energy efficiency means.	☐	☐	☐	☐	☐
I can identify common sources of energy waste.	☐	☐	☐	☐	☐
I understand the relationship between energy consumption and climate change.	☐	☐	☐	☐	☐
I am familiar with renewable energy sources.	☐	☐	☐	☐	☐
I understand how individual actions can reduce environmental impact.	☐	☐	☐	☐	☐
I know practical ways to improve energy efficiency at home.	☐	☐	☐	☐	☐
I understand the importance of responsible consumption.	☐	☐	☐	☐	☐
I am aware of environmental challenges affecting my community.	☐	☐	☐	☐	☐
I feel informed about current sustainability issues.	☐	☐	☐	☐	☐

Section C. Attitudes Towards Sustainability

Please indicate your level of agreement with each statement.

Statement	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
Environmental protection should be a priority for society.	☐	☐	☐	☐	☐
Young people can play an important role in addressing climate change.	☐	☐	☐	☐	☐
Energy efficiency should be promoted in all communities.	☐	☐	☐	☐	☐
I feel personally responsible for reducing my environmental impact.	☐	☐	☐	☐	☐
Sustainable lifestyles can make a meaningful difference.	☐	☐	☐	☐	☐
Community action is important for environmental improvement.	☐	☐	☐	☐	☐
Governments and institutions should invest more in sustainability education.	☐	☐	☐	☐	☐
I am interested in learning more about environmental issues.	☐	☐	☐	☐	☐
Sustainability should be integrated into youth work activities.	☐	☐	☐	☐	☐
Environmental challenges require collective action.	☐	☐	☐	☐	☐

Section D. Current Behavioural Practices

How often do you engage in the following behaviours?

Behaviour	Never	Rarely	Sometimes	Often	Always
Turning off lights when leaving a room.	☐	☐	☐	☐	☐
Switching off electronic devices when not in use.	☐	☐	☐	☐	☐
Using energy-efficient appliances.	☐	☐	☐	☐	☐
Conserving water whenever possible.	☐	☐	☐	☐	☐
Recycling waste.	☐	☐	☐	☐	☐
Reducing the use of single-use plastics.	☐	☐	☐	☐	☐
Using public transport, cycling, or walking instead of private vehicles.	☐	☐	☐	☐	☐
Encouraging others to adopt sustainable practices.	☐	☐	☐	☐	☐
Participating in environmental campaigns or community actions.	☐	☐	☐	☐	☐
Seeking information about sustainability-related topics.	☐	☐	☐	☐	☐

Section E. Self-Assessment of Green Competences

Please rate your current level of confidence in the following areas.

Competence	Very Low	Low	Moderate	High	Very High
Understanding environmental issues	☐	☐	☐	☐	☐
Identifying energy-saving opportunities	☐	☐	☐	☐	☐
Explaining sustainability concepts to others	☐	☐	☐	☐	☐
Participating in environmental initiatives	☐	☐	☐	☐	☐
Working collaboratively on sustainability projects	☐	☐	☐	☐	☐
Making environmentally responsible decisions	☐	☐	☐	☐	☐
Promoting sustainable behaviours among peers	☐	☐	☐	☐	☐

Section F. Learning Expectations

1. What are your main expectations from this training programme?

2. Which sustainability or energy efficiency topics would you like to learn more about?

3. What environmental challenges do you consider most relevant in your community?

4. How do you think this training could help you in your personal, academic, or professional life?

5. Is there anything else you would like the facilitators to know before the training begins?